

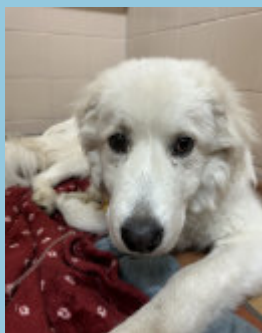
THE VANCOUVER HUMANE SOCIETY PRESENTS

animal

www.vancouverhumanesociety.bc.ca

VOLUME 83 FALL 2023

WRITES



Ghost's story

pg 3



The VHS's annual auction returns!

pg 5



Advocates decry racehorse deaths

pg 7



New report shows the impact an individual can make by shifting towards eating more plant-based foods

In December 2022, the VHS conducted a poll among residents in the Lower Mainland to determine their consumption habits and attitudes around plant-based eating. The data was used to develop a cost-benefit analysis and subsequent report on the impact an individual could make by shifting 25%, 50%, and 100% of their diet towards plant-based foods.

The analysis compared the typical price and greenhouse gas emissions of each animal-based products with a common plant-based alternative of the same serving size.

The report found that if an individual shifted even just 25% of the animal-based foods in their diet to plant-based foods, they could save up to \$13 a month or \$156 a year. An individual making a full shift to plant-based could save \$50 a month or \$600 a year.

Just a 25% transition to plant-based alternatives could save an individual up to 17kg of carbon dioxide equivalent (CO₂e) per month, which is equivalent to charging a cellphone up to 2,068 times, or 204kg of CO₂e per year. A 50% transition can save someone up to 33kg of

CONTINUED ON P. 2

CO₂e per month. This equates to 396kg of CO₂e per year, which is about the distance of driving from Vancouver to Regina in a gas-powered vehicle. Swapping 100% of one's diet to plant-based alternatives could save 68kg of CO₂e a month or 816kg of CO₂e a year – the same as the emissions used to power an entire home for six months.

In terms of cost savings, individuals could make the *most* impact by shifting all of the beef they eat to lentils. Swapping all beef to lentils could save an individual up to \$60 a month up to a maximum of \$720 per year. For an individual eating the average Lower Mainland diet, swapping only 25% of beef for lentils would result in nearly double the emissions savings compared to swapping 100% of ten monthly servings of pork, chicken, and fish. Using the same number of servings,

reducing beef
by just 35%
has the same
impact as
cutting out all
chicken and
pork from
one's diet.

The report highlights that even gradual steps in shifting one's diet can make a significant impact on greenhouse gas emissions and individual grocery bills.

Based on Statistics Canada consumption data, it is likely that millions of animal lives could be saved with even small changes in the diets of B.C. residents.

A special thanks to Kaelan Watson for developing the report. To read the full report, visit www.plantuniversity.ca/plant-based-poll/.



Toast:

- 1 ripe banana
- 2 cups plant-based milk
- 1/2 cup cashews, soaked and drained
- 1 tsp vanilla
- 1/2 tsp allspice (or cinnamon)
- pinch salt
- 1 1/2 tsp cornstarch
- 1 loaf day-old multigrain bread

- blueberries or other fruit
- maple syrup
- coconut whipped cream

Preheat oven to 200 F.

In a blender combine all ingredients, except bread. Blend until very smooth and creamy. Pour the mixture into a pie plate or casserole dish for dipping.

Slice bread into thick slices. Heat a non-stick pan over medium – medium-high heat. Using tongs, dip each piece of bread in the batter, coating both sides evenly. Place the bread on the hot pan and cook for a few minutes until golden brown. Flip and cook on the other side.

Place cooked slices into the oven to keep warm until all the slices are ready. Serve immediately with fresh blueberries (or other fruit), maple syrup and coconut whipped cream if desired!

This recipe was developed by Emma Levez Larocque of Plant-Based RHN and brought to you by the VHS's PlantUniversity platform. Find more plant-based recipes at www.plantuniversity.ca and see how you can stand up for animals every time you sit down to eat!

Animals getting the urgent care they need

An update from the McVitie Fund



Button is back home!

Thanks to the incredible generosity and support of animal lovers like you, sweet senior pup Button has received the urgent surgery she so desperately needed.

Button found herself in a heart-stopping encounter with a raccoon while exploring her own backyard alongside her devoted guardian, Grace. Thankfully she managed to escape, but not without sustaining some serious injuries, including a severe eye wound.

Grace rushed Button to the vet, where it became clear that urgent eye enucleation surgery was the only way to ensure Button's well-being. Grace's love for Button has always been unwavering, but the cost of the surgery was simply beyond her means. That is when she reached out to the Vancouver Humane Society for support. Donations from our incredible community allowed Button to swiftly get the urgent surgery she required.

When you donate to the McVitie Fund, you help bring home animals like Button, who has since come through her surgery and recovery with flying colours.

Help Ghost see a vet!

Sweet Ghost normally has a vibrant and energetic personality, but he has recently become lethargic and withdrawn, not even showing desire in eating his food and treats. His loving guardian, Robert, has tried everything to help Ghost but seeing the behaviour persist caused serious worry for Robert.

After an initial examination, it was determined that Ghost would require further testing to determine the cause of his decline. Unfortunately, the cost of the hospitalization and specialized testing is beyond Robert's financial means.

Determined to give Ghost the best chance at a healthy and happy life, Robert has reached out to the Vancouver Humane Society for support.

Can you donate today at www.vancouverhumane.ca/ghost to help Ghost get the care he needs?



Opposition to factory farming and federal 'ag-gag' bill continues to grow

A concerning 'ag-gag' bill that would criminalize whistleblowers and undercover investigators who expose animal cruelty or welfare issues on farms has been sent to the House of Commons agriculture committee for further review this fall. This comes after more than 2,100 VHS supporters called on their Member of Parliament (MP) to oppose Bill C-275.

Meanwhile, the Union of BC Indian Chiefs (UBCIC) unanimously passed a resolution opposing factory farming and calling for provincial and federal government action. The resolution notes that "animals on factory farms are one of the most unregulated and unprotected groups of animals in BC and Canada, and their mistreatment during raising, transport and unethical slaughtering practices is a punishable act under the Criminal Code, but the lack of

regulation and oversight bodies prevents it from occurring."

This illustrates why more transparency and accountability is needed when it comes to Canada's animal agriculture sector, not less. 'Ag-gag' legislation in other jurisdictions has been used to limit transparency and prevent undercover exposes that shed a negative light on this hidden industry.

The VHS and other leading animal protection organizations across Canada are continuing to urge federal decision-makers to vote against Bill C-275. The VHS has launched an updated campaign, which includes a quick action tool that Canadians can use to send a message to their MP, the federal Minister of Agriculture, and the House of Commons Agriculture Committee. Read more and take action:

www.vancouverhumane.ca/ag-gag.



JO-ANNE MCARTHUR/WE ANIMALS MEDIA

Helping pets in need at Because They Matter



Several hundred residents of the Downtown Eastside community visited the Because They Matter table in Pigeon Park on Sunday, July 23, all eager to pick up high-quality supplies for their beloved pets.

This was the VHS's third year running the outreach event, which also acts as a fundraiser for VHS programs. In addition to giving away donated pet supplies, event participants and VHS staff members spoke with many pet guardians about accessing the VHS's free veterinary care assistance programs.

Rhino (pictured) and his guardian visited the Because They Matter table and picked out a new collar, leash and jacket for the cold winter months. Rhino's guardian told the team that she had been going through a rough time after losing her 16-year-old chihuahua and then Rhino came into her life and turned things around. She explained that Rhino is her best friend and that she feels invincible with him by her side.

Participants in this year's event raised over \$15,000 to help animals in need.

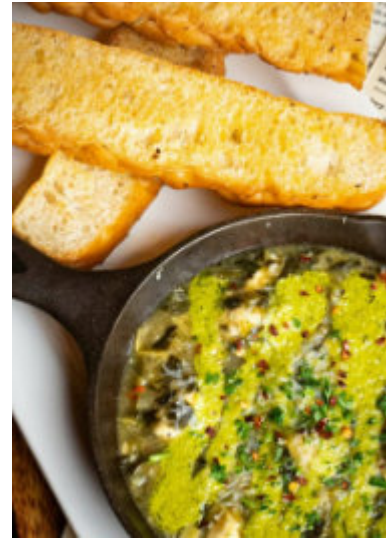
VHS's silent auction is back!

The VHS's fourth annual silent auction goes live this fall! Bidding opens on October 16th and will continue until the auction closes on October 23rd. All proceeds from the auction will support the VHS' programs and advocacy work to build a kinder world for animals.

Find unique holiday gifts for loved ones or something special to treat yourself with! The auction website is being updated daily; items for sale include gift certificates to plant-based bakeries, fitness classes, event tickets, custom art, pet supplies and more.

This year the VHS is aiming to raise \$11,000 through the silent auction. You can feel good knowing funds raised will go straight to work helping animals in B.C. and across Canada.

Register your account to bid in the auction, learn more, and pre-browse available items by visiting: <https://www.biddingowl.com/VancouverHumaneSociety>. For any questions please email: katrina@vancouverhumanesocietyv.bc.ca or call 604-266-9744.



VHS releases new footage from B.C. Rodeos and speaks out about Calgary Stampede horse death



The VHS's campaign to end inhumane rodeo events continues after a busy summer of monitoring and documenting rodeos across B.C. and speaking out about the Calgary Stampede rodeo and chuckwagon races.

Newly released footage taken from several B.C. rodeos shows stressed and agitated animals being roughly handled and deliberately agitated into fleeing and bucking, including animals being hit and having their tails, hair and ears pulled. Animals are also seen thrashing around in the chutes and being put at risk of serious injury.

This year's Calgary Stampede resulted in the death of a chuckwagon horse, bringing the total animal fatalities at the Stampede to 105 since the VHS started tracking deaths in 1986. The VHS also raised concerns about the treatment of animals during the Stampede rodeo and continues to support local advocates who are opposed to these controversial events.

You can support the effort to end inhumane rodeo events by using the VHS's online tool to share the new footage with your city council and ask them to implement a bylaw to prohibit inhumane rodeo events in your community: www.vancouverhumane.ca/bc-rodeos.

Thank you to our donors

Thank you to the following, who remembered loved ones with a gift to help animals:

Diane Faris, Barbara Faris, Lyle Faris, Christine Manzer, Carl Stymiest, Leah Minuk in memory of Luka
Herb Auerbach, Susan Tha, Roberta Beiser, Elizabeth Vreede, Marnie Carter, Laura Ingleson, Lorna Auerbach, Cynthia Reid, Jacquelyn McCormick in memory of Mary Auerbach
Laura Bradshaw, Andrea Jones, Erin Pope, Fiona Coupland, Martha Barton, Geraldine Lindley, Cindy McMullen in memory of Bob Barker
Pesi Unwalla in memory of Bode
Lisa Talbot in memory of Gryphon
Jeevan Sidhu in memory of Austin Sidhu
Aziz Sidi-Mohamed in memory of Molly Arrotta
Ed Graham in memory of Samuel L Graham
Peggy Liu in memory of Tulip Tutu
Sandra Lytle in memory of Spencer and Cosmo
Davinder Sallan in memory of Reo Sallan
Louise Brunette in memory of Giroux, the cat
Dave Perkins in memory of Bean
Adam Farrell in memory of little Oscar 16 years of joy and unconditional love
Susan Gioia in memory of Fred Morford
Denise Ormerod in memory of Buddy, a big grey cat
Sheelagh Flynn in memory of Simon Flynn
Carol Froese in memory of Lola
Gail Buron in memory of Buster and Buddy (Family Pets in Spirit)
Sharon Johnson in memory of Sadie & Sheeba
Patricia Auron in memory of Yofi, Chico and Keala
Julie E Saunders in memory of Cookie and Mac
Caprial Leung in memory of Cookie and Chico
Cory McDonall in memory of Hunter
Danielle George and Leslie Williams in memory of Finn and Charlie
Sandra Morris in memory of Woody Morris

Bonnie Robson in memory of Polly Wolly Doodle
Lisa Gray in memory of Sheldon Gray
JoAnne Patzer in memory of Serena
Cynthia Stout in memory of Teddy
Bonnie Mutton in memory of Raven

Thank you to the following, who honoured others with a gift for the animals:

Eric Funnekotter in honour of Savina
Margaux Murphy in honour of Kira Meixner
Margaux Murphy in honour of Kayla Pinkerman
Margaux Murphy in honour of Long Huynh
Margaux Murphy in honour of Lorcan Travers
Margaux Murphy in honour of Michael Thomas
Claire Yarnold in honour of Nebula
Janie Cragg in honour of all animals
Heather Whitehead in honour of Susan Vanderwyst
Clint Maxwell in honour of Emma Walker-Maxwell
Ruth Archambault in honour of Chantelle Archambault
James Cameron Garcia in honour of Mackenzie
Qyle Merali in honour of Kenzie Klassen
Patricia Goh in honour of Yana Bobrysheva

We thank those who have generously left a gift to VHS in their will. Their memories will live on in our work for animals:

Marianne Klos

Thank you to individuals who donate through The Benevity Community Impact Fund:

Saundra Keyes
Alvin Fry
Eduardo Egydio
Greg Ward
Petrus Coetzee

Thank you to the following businesses and organizations that support our work:

Vancity Main Street Branch
Moonlight Natural Pet Store
Mr. Pets Canada
Pet Wonder
Wagging Companions
Surrey Animal Resource Centre
Drby Pet Co
A Voice for Paws
Good Boy Collective
Amazon

We would like to sincerely thank the following foundations for their generous funding through grants:

ThanksVegan Foundation
Karuna Foundation
Small Changes Foundation, through Vancouver Foundation
Endowment Fund for Animal Welfare, Doreen Martin Margetts
Fund for Animal Care, held and administered by Vancouver Foundation

We are truly grateful to our amazing volunteers, who give their time to support our work.

Our monthly donors are our heroes. Thank you to all of you, from the bottom of our hearts!



Inhumane horse racing leads to deaths, VHS speaks out

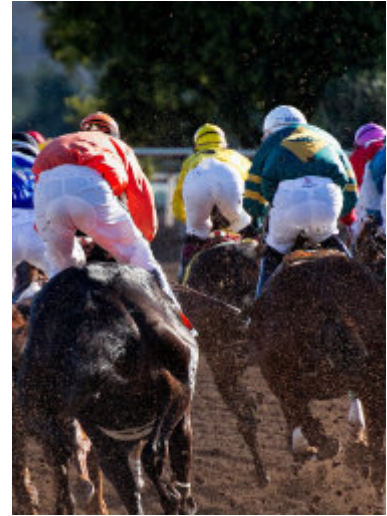
The VHS recently spoke out on the inhumane and dangerous use of animals for entertainment at Vancouver's Hastings Racecourse after four horses lost their lives in just three weeks this summer.

Two horses were euthanized after sustaining injuries during races; another horse suffered a heart attack during a training session; and another fell backward prior to a race.

The VHS pointed to the inherent welfare risks associated with horse racing,

including the stressful, high-speed nature of the events, the painful tools used to control horses' movements such as whips and bits, and the risk of horses being sent to auction after they retire, typically around four to six years of age.

A VHS spokesperson shared these concerns and called for the public not to attend inhumane racing events in interviews with media outlets including City News Vancouver, Victoria News, and The Aldergrove Star.



Create a brighter world for farmed animals this Giving Tuesday



The VHS will once again be partnering with the Happy Herd Farm Sanctuary to make life better for animals today and for years to come! This November 28th, you can make a donation on the VHS website or purchase a plant-based product from one of the businesses that are generously donating a portion of their profits to help animals.

Donations made in honour of Giving Tuesday will help to provide a loving forever home to more than 65 rescued animals who call The Happy Herd home, and will support the VHS's work to end animal suffering in all forms, including lobbying for policies that protect farmed animals from cruelty and working with businesses and other institutions to put more plant-based options on the menu.

You can learn more, donate, or find a list of participating businesses this November at www.vancouverhumane.ca/giving-tuesday. You can also contact the VHS's Development Coordinator, Katrina Leppänen, for more information: katrina@vancouverhumanesociety.bc.ca or 604-266-9744.

LEAVE A LEGACY FOR ANIMALS

A MEANINGFUL GIFT IN YOUR WILL

Your love of animals can extend beyond your lifetime. A gift in your will ensures the VHS can continue creating a kinder future for all animals.

Find more information and sample bequest wording by visiting: www.vancouverhumane.ca/leave-a-legacy/

CONTACT US:

For more information, please contact the VHS's Development Coordinator, Katrina Leppänen.

Tel: 604-266-1012

Email: katrina@vancouverhumanesociety.bc.ca



A gift in your will means the VHS can continue providing life-saving care to animals like Lucky through the McVitie Fund for years to come.

Read the VHS's latest opinion pieces in the media!

1. **New bill would silence those who shed light on animal cruelty** (Originally published in the Daily Hive): www.vancouverhumane.ca/new-bill-silence
2. **100 years of cruelty at the Calgary Stampede is nothing to celebrate** (Originally published in the Daily Hive): www.vancouverhumane.ca/100-years-of-cruelty
3. **After yet another death, Vancouver should not support horse racing** (Originally published in the Daily Hive): www.vancouverhumane.ca/vancouver-should-not-support-horse-racing
4. **Taxpayer money should NOT be funding rodeos in BC** (Originally published in the Daily Hive): www.vancouverhumane.ca/funding-rodeos-bc



#303 – 8623 Granville Street
Vancouver, B.C. V6P 5A2
Charity No. 8897 13178 RR 0001
Listening, learning, and unlearning on unceded
xʷməθkʷəy̓əm (Musqueam), skwxwú7mesh
(Squamish) & selilwitulh (Tseil-Waututh)
territories.

Web: www.vancouverhumanesociety.bc.ca
Email: info@vancouverhumanesociety.bc.ca
Phone: 604.266.9744

Board of Directors:

Ryan McCracken, *President*
Dean Yano, *Vice President*
Rob Monteverde, *Treasurer*
Angela Yadav, *Director*
Chris Morcom, *Director*
Danielle George, *Director*
Shannon Wong, *Director*
Tessa Vanderkop, *Director*
Dan Fine, *Director*
Kristi Kral, *Director*

Staff:

Amy Morris, *Executive Director*
Chantelle Archambault,
Communications Director

Emily Pickett, *Campaign Director*
Katrina Leppänen, *Development Coordinator*
Brooklyn Fowler, *Program Manager*
Sareeta Lopez, *Program Manager*
Heather Whitehead, *Program Coordinator*
Ishtmeet Bhoey, *Program Assistant*

Editors:

Chantelle Archambault
Amy Morris

Printing: Vancouver Graphics Group



Printed on recycled paper
with vegetable-based ink.